



SPORTSAL

**TRACKSUIT
SIZE GUIDE**

SIZE GUIDE

ALL REFERENCES TO AGE IS A GUIDE ONLY

TRACKSUIT TOP

GREEN - MEASUREMENTS OF THE HUMAN
RED - MEASUREMENTS OF THE GARMENT

	YOUTH SIZES						ADULT SIZES									
	YXXS	YXS	YS	YM	YL	YXL	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
AGE GUIDE	5/6	7/8	9/10	10/11	11/12	12/13										
HALF CHEST (CM)	37	39	42	45	47	49	52	55	58	62	65	69	73	77	81	85
HIGHEST SHOULDER POINT (CM)	50	53	58	60	64	67	73	74	76	78	80	83	85	87	89	91
SLEEVE LENGTH (CM)	42	45	48	51	54	57	60	62	64	66	68	71	73	75	77	79
TO FIT CHEST (INCHES)	27-28"	29-30"	31-32"	33-34"	35-36"	36-38"	39-40"	41-42"	43-44"	46-48"	49-50"	52-53"	55-56"	58-59"	61-62"	64-66"

TRACKSUIT BOTTOMS

	YOUTH SIZES						ADULT SIZES									
	YXXS	YXS	YS	YM	YL	YXL	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
AGE GUIDE	5/6	7/8	9/10	10/11	11/12	12/13										
RELAXED WAIST (CM)	30	32	34	36	37	38	39	41	43	45	47	49	51	53	55	57
FULL STRETCH WAIST (CM)	44	46	48	50	52	52	55	58	61	64	67	70	73	74	77	80
OUTSIDE LENGTH (CM)	75	78	82	86	90	93	95	97	99	101	102	103	104	104	104	104
TO FIT WAIST (INCHES)	18-20"	20-22"	22-24"	24-26"	26-28"	28-32"	30-34"	32-36"	34-38"	36-40"	40-44"	44-48"	48-52"	52-56"	56-60"	60-64"

FURTHER INSTRUCTIONS ON THE LAST PAGE

MEASURING GUIDE



FULL STRETCH WAIST:
MEASUREMENT WHEN THE
WAIST BAND IS STRETCHED