



SPORTSAL

**FOOTBALL KIT
SIZE GUIDE**

SIZE GUIDE

ALL REFERENCES TO AGE IS A GUIDE ONLY

GREEN - MEASUREMENTS OF THE HUMAN
RED - MEASUREMENTS OF THE GARMENT

REGULAR FIT SHIRT

	YOUTH SIZES						ADULT SIZES									
	YXXS	YXS	YS	YM	YL	YXL	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
AGE GUIDE	5/6	7/8	9/10	10/11	11/12	12/13										
HALF CHEST (CM)	36	38	41	44	46	48	51	54	57	61	64	68	72	76	80	84
CENTRE BACK LENGTH (CM)	48	51	56	58	62	65	70	73	75	77	79	82	84	86	88	90
SHORT SLEEVE LENGTH (CM)	14	15.5	17	18.5	20	21.5	23	24	25	26	27	28	29.5	31	32.5	34
LONG SLEEVE LENGTH (CM)	42	45	48	51	54	57	60	62	64	66	68	71	73	75	77	79

SHORTS

	YOUTH SIZES						ADULT SIZES									
	YXXS	YXS	YS	YM	YL	YXL	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
AGE GUIDE	5/6	7/8	9/10	10/11	11/12	12-13										
FULL STRETCH WAIST (CM)	43	45	47	48	49	50	53	56	57	59	61	63	64	66	68	70
OUTSIDE LEG (CM)	32	33	34	36	38	40	45	47	49	51	53	53	53	54	55	56

FURTHER INSTRUCTIONS ON THE LAST PAGE

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GREEN - MEASUREMENTS OF THE HUMAN
RED - MEASUREMENTS OF THE GARMENT

SLIM FIT SHIRT

	YOUTH SIZES						ADULT SIZES									
	YXXS	YXS	YS	YM	YL	YXL	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
AGE GUIDE	5/6	7/8	9/10	10/11	11/12	12/13										
HALF CHEST (CM)	34	36	39	42	44	46	48	51	54	58	61	65	69	73	77	81
CENTRE BACK LENGTH (CM)	48	51	56	58	62	65	70	73	75	77	79	82	84	86	88	90
SHORT SLEEVE LENGTH (CM)	13	14.5	16	17.5	19	20.5	21.5	22.5	23.5	24.5	25.5	26.5	28	29.5	31	32.5
LONG SLEEVE LENGTH (CM)	40.5	43.5	46.5	49.5	52.5	55.5	58	60	62	64	66	69	71	73	75	77

SHORTS

	YOUTH SIZES						ADULT SIZES									
	YXXS	YXS	YS	YM	YL	YXL	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
AGE GUIDE	5/6	7/8	9/10	10/11	11/12	12-13										
FULL STRETCH WAIST (CM)	43	45	47	48	49	50	53	56	57	59	61	63	64	66	68	70
OUTSIDE LEG (CM)	32	33	34	36	38	40	45	47	49	51	53	53	53	54	55	56

FURTHER INSTRUCTIONS ON THE LAST PAGE

MEASURING GUIDE



IF YOU HAVE AN EXISTING KIT,
LAY IT FACE DOWN FLAT, PAT OUT CREASES & SLEEVES OUTSTRETCHED,
TAKE THE TWO MEASUREMENTS AS SHOWN IN THE IMAGE
COMPARE WITH SIZE GUIDE (FOLLOW THE CHEST WIDTH)
CHOOSE A SIZE FROM THE SIZE GUIDE
IF YOU NEED A SIZE HIGHER THAN WHAT
YOU ALREADY HAVE, MOVE ALONG THE TABLE