



SPORTSAL

**RUGBY KIT
SIZE GUIDE**

SIZE GUIDE

ALL REFERENCES TO AGE IS A GUIDE ONLY

GREEN - MEASUREMENTS OF THE HUMAN
RED - MEASUREMENTS OF THE GARMENT

YOUTH FIT SHIRT

	YOUTH SIZES				
	YXS	YS	YM	YL	YXL
AGE GUIDE	7/8	9/10	10/11	11/12	12/13
HALF CHEST (CM)	35	38	40	42	44
CENTRE BACK LENGTH (CM)	48	52	55	58	61
SHORT SLEEVE LENGTH (CM)	23	25	26	27	29
BOTTOM WIDTH (CM)	33	36	38	40	42

SHORTS

	YOUTH SIZES				
	YXS	YS	YM	YL	YXL
AGE GUIDE	7/8	9/10	10/11	11/12	12-13
WAIST (CM)	18	18	20	20	22
OUTSIDE LEG (CM)	24	25	26	27	28

FURTHER INSTRUCTIONS ON THE LAST PAGE

SIZE GUIDE

ALL REFERENCES TO AGE IS A GUIDE ONLY

GREEN - MEASUREMENTS OF THE HUMAN
RED - MEASUREMENTS OF THE GARMENT

MENS FIT SHIRT

	ADULT SIZES						
	XS	S	M	L	XL	2XL	3XL
HALF CHEST (CM)	43.5	46	48.5	51	53.5	56	58.5
CENTRE BACK LENGTH (CM)	64.5	67.5	71.5	75	78.5	82.5	86
SHORT SLEEVE LENGTH (CM)	33	35	37	39	40.5	42.5	44.5
BOTTOM WIDTH (CM)	43.5	46	48.5	51	53.5	56	58.5

SHORTS

	ADULT SIZES						
	XS	S	M	L	XL	2XL	3XL
WAIST (CM)	24.5	27	29.5	32	34.5	37	39.5
OUTSIDE LEG (CM)	29	30	31	32	33	34	35

FURTHER INSTRUCTIONS ON THE LAST PAGE

SIZE GUIDE

ALL REFERENCES TO AGE IS A GUIDE ONLY

GREEN - MEASUREMENTS OF THE HUMAN
RED - MEASUREMENTS OF THE GARMENT

WOMENS FIT SHIRT

	ADULT SIZES						
	XS	S	M	L	XL	2XL	3XL
HALF CHEST (CM)	44.5	47	49.5	52	54.5	57	59.5
CENTRE BACK LENGTH (CM)	62	65	68	71	74	77	81
SHORT SLEEVE LENGTH (CM)	27.5	29	30.5	32	34	36	37.5
BOTTOM WIDTH	42.5	45	47.5	50	52.5	55	57.5

SHORTS

	ADULT SIZES						
WAIST (CM)	24.5	27	29.5	32	34.5	37	39.5
OUTSIDE LEG (CM)	29	30	31	32	33	34	35

FURTHER INSTRUCTIONS ON THE LAST PAGE

MEASURING GUIDE



MEASURING GUIDE

